

ABSTRACT OF THE DISCLOSURE

A form-fitting chest protector. In one embodiment, the chest protector includes a pair of detachably secured wing portions. A main portion of the chest protector has a variable thickness and substantially overlies the chest and abdomen of the athlete to absorb impacts to the athlete from a projectile. The wing portions are separate from the main portion, but are detachably secured to the chest protector to permit each wing portion to be adjustable when the chest protector is worn by the athlete. The wing portions facilitate a constant form-fit no matter how the body of the athlete flexes.